



**ALABAMA COUNCIL OF
COMMUNITY MENTAL HEALTH BOARDS**

“Making a Difference Together”

35th Annual Conference

**May 13 – 14, 2009
Birmingham Jefferson Civic Center
Birmingham, Alabama**

www.alcouncil.com

A Special Thanks to our 2009 Exhibitors and Sponsors

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 - ❖ **Integrated Imaging/Caseworks Web**
 - ❖ **Janssen Pharmaceutica**

A Special Thanks to our 2009 Exhibitors and Sponsors

- ❖ **Laurel Oaks Behavioral Health Center**
- ❖ **(LWSI) Lavender & Wyatt Systems, Inc.**
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 - ❖ **Netsmart Technologies, Inc.**
 - ❖ **New Hope Treatment Centers**
 - ❖ **Norix Group, Inc.**
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- ❖ **Office of Deaf Services, AL DMH/MR**
 - ❖ **Open Minds**
 - ❖ **Options For Hope**
 - ❖ **Pinpoint, Inc.**
 - ❖ **Psychcare, LLC**
 - ❖ **SafetyNet Youth Systems**
 - ❖ **Silver Trunk**
- ❖ **Social Security Administration (PASS Cadre)**
 - ❖ **Southern Pharmaceutical Services**
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 - ❖ **Three Springs**
 - ❖ **Turenne PharMedCo**
 - ❖ **UNI/CARE Systems, Inc.**
 - ❖ **Windsor Medicare Extra**
 - ❖ **WINGS Across Alabama**

Mission Statement

The **Alabama Council of Community Mental Health Boards** represents its members in the planning, development, and implementation of a comprehensive system of public mental health care. Our members are public providers responsive to the mental health needs of our community dedicated to achieving the highest standards of providing service.

Continuing Education

This activity is co-sponsored by the Alabama Council of Community Mental Health Boards and The Institute for Continuing Education. This conference offers up to 10.00 contact hours for most disciplines (6.25 hrs. on May 13; and 3.75 hrs. on May 14). Continuing education credit is offered for the mental health disciplines listed below. Credit is awarded on a session-by-session basis, with full attendance required at the sessions attended. Application packets for continuing education credit will be available at the Continuing Education Desk, located adjacent to the conference registration area. If you have questions regarding continuing education, the program, presenters, or for a listing of learning objectives by session, please call 251-990-5030; Fax: 251-990-2665; or Diane Dill at 205-664-2114; Fax: 205-278-5380.

Psychology: The Institute of Continuing Education is an organization approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content. **Note:** Not all sessions will offer continuing education for psychologists.

Counseling: The Alabama Council of Community Mental Health Boards is an NBCC approved continuing education provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Alabama Council of Community Mental Health Boards is solely responsible for all aspects of this program. NBCC Provider No. 5846.

Social Work: The Alabama Council of Community Mental Health Boards is approved as a provider for social work continuing education by the Alabama Board of Social Work Examiners. Provider No. 008

Marriage/Family Therapy: The Alabama Council of Community Mental Health Boards is a recognized provider of continuing education activities by the Alabama Board of Marriage/Family Therapy.

Alcohol/Drug Abuse: The Alabama Council of Community Mental Health Boards is recognized by the Alabama Alcohol and Drug Abuse Association to provide continuing education for alcohol and substance abuse counselors. The Institute for Continuing Education is an approved provider of drug-alcohol continuing education by the **National Association of Alcoholism and Drug Abuse Counselors**. NAADAC Provider No. 00243.

Nursing: The Institute for Continuing Education is accredited as an approved provider of continuing education in nursing by the Alabama Board of Nursing, Provider No. 1124.

Nursing Home Administrators: Alabama Board of Examiners of Nursing Home Administrators has approved this program for a total of 10 hours. The Alabama Council of Community Mental Health Boards is recognized by the Alabama Board of Examiners of Nursing Home Administrators to provide continuing education for nursing home administrators.

Other Disciplines: Upon request and completion of the conference, participants will be given a certificate of attendance, which they may submit, along with the course outline, to their respective professional organization for credit.

Learning Objectives: A listing of learning objectives by session will be available at the conference. If you wish to review a listing prior to the Conference, please contact The Institute for Continuing Education at: 251-990-5030; FAX: 251-990-2665.

Skills Level: Beginner/Intermediate/Advanced. **Non-Credit Events:** Continuing education credit is not offered for luncheon, reception, or dinner events. If you have questions regarding activities for which continuing education credit is offered, please call Diane Dill at 205-664-2114; or The Institute for Continuing Education at 251-990-5030.

Schedule at a Glance

Wednesday, May 13th

| | |
|---------------------|--|
| 8:30 am | Registration Opens [Exhibit Hall Open] |
| 9:00 am – 10:15 am | Opening/Keynote Session* [Exhibit Hall Closed] |
| 10:15 am – 10:30 am | Break [Exhibit Hall Open] |
| 10:30 am – 11:45 am | Workshop Session I |
| 11:45 am – 12:45 pm | Box Lunch [Foyer/Exhibit Hall Open] |
| 12:45 pm – 2:00 pm | Workshop Session II |
| 2:00 pm – 2:15 pm | Break [Exhibit Hall Open] |
| 2:15 pm – 3:30 pm | Workshop Session III |
| 3:30 pm – 3:45 pm | Break [Exhibit Hall Open] |
| 3:45 pm – 5:00 pm | Workshop Session IV |
| 5:00 pm – 6:30 pm | Reception |

Thursday, May 14th

| | |
|---------------------|---|
| 8:00 am | Registration Opens [Exhibit Hall Open] |
| 8:30 am – 9:45 am | Workshop Session V |
| 9:45 am – 10:00 am | Break [Exhibit Hall Open] |
| 10:00 am – 11:15 am | Workshop Session VI |
| 11:15 am – 11:30 am | Break [Exhibit Hall Open] |
| 11:30 am – 1:00 pm | Awards Luncheon |
| 1:15 pm – 2:30 pm | Workshop Session VII |

Conference Objective

To provide a comprehensive training program for professionals, consumers, families, advocates, and others interested in mental health services and mental health programs in Alabama.

**The 2009 conference is co-sponsored by
THE CONTINUING EDUCATION
ASSOCIATES OF THE SOUTHEAST**

Conference Tracks

This year's conference includes nine (9) tracks:

Note: Key for Workshop Tracks:

(AU) Autism (ADM) Administrative

(ACOD) Adolescent Co-Occurring*

(CH) Child Mental Health**

(CL) Clinical

(C/R) Consumer/Recovery

(GR) Geriatric***

(SA) Substance Abuse

(INT) Integration

*The Adolescent Track was coordinated by Gateway; Glenwood; UAB Department of Psychiatry, Substance Abuse Programs; Southern Coast ATTC; Alabama Youth Justice Coalition; Southern Juvenile Defender Center at the Southern Poverty Law Center; Jefferson, Blount, St. Clair Mental Health Authority; Family Court of Jefferson County; and the AL Department of Mental Health.

**The Children's Track was coordinated by the Child and Adolescent Division of the Alabama Department of Mental Health and Mental Retardation.

***The Geriatric Track was coordinated and co-sponsored by the Alabama Geriatric Mental Health Coalition.

Conference Committee

Ms. Beverly Francis, LCSW, President ,
AL Council of Community Mental Health Boards, &
Executive Director, Eastside Mental Health Center

Mr. Chris Van Dyke, M.A., Conference Chair
Executive Director, Mental Healthcare of Cullman

Ms. Diane Baugher, CPA, CFO,
Mental Health Center of North Central Alabama

Ms. Angie Bradley, MA, LPC, Clinical Director
Spectra Healthcare Systems, Inc.

Mr. Brian Davis, MSW, Executive Director,
Mental Health Center of Madison County

Dr. Jim Dill, Executive Director, Alabama Council of
Community Mental Health Boards

Ms. Marie Hood, LGSW, Executive Director,
Mental Health Center of North Central Alabama

Ms. Linda Lakeman, President,
Continuing Education Associates of the Southeast

Ms. Robin Riggins, LCSW, Executive Director,
Baldwin County Mental Health Center

Ms. Diane Dill, Meeting Coordinator,
Alabama Council of Community Mental Health Boards

Wednesday, May 13, 2009

Registration

8:00 a.m.

Opening Session

9:00 a.m. ~ 10:15 a.m.

****Cell Phone: Please turn off your cell phone during the conference sessions.**

Welcome

Ballroom B

**Beverly Francis, LCSW, President, Alabama Council
Executive Director, Eastside Mental Health Center**

Opening Session

Ballroom B

“Healthcare Reform – What Is It and How Do We Influence IT”

**Presenter: Linda Rosenberg, M.S., President & CEO, National Council for
Community Behavioral Health Care**

Healthcare reform means many things to many people. Those that fund and those that deliver mental health and addictions services need to understand the national debate and the potential effects of proposed reforms on their organizations and the people they serve. And then they need to be at the table. The National Council has worked to strengthen our member’s voice and influence: and this presentation outlines our challenges and opportunities in these turbulent times and your role in moving an assertive 2009 policy agenda.

Future Trends in Behavioral Health Care

Presenter: Monica E. Oss, CEO, OPEN MINDS

This presentation will focus on future trends in behavioral health care with special emphasis on the integration of behavioral health and physical health and new technologies.

Workshop Session I

10:30 a.m. ~ 11:45 a.m.

(INT) Future Trends in Behavioral Health Care (continued)

BALLROOM B

Presenters: Monica E. Oss, CEO, OPEN MINDS;

Linda Rosenberg, President & CEO, NCCBHC

This presentation will explore in greater depth the behavioral health care trends identified in the opening session.

(ADM) Workers Compensation Update

ROOM A

Presenter: Donald M. Harrison III, J.D., Lehr Middlebrooks & Vreeland, P.C.

This program is targeted to human resources professionals, managers, and supervisory staff and is designed to provide tools to assist these individuals in dealing with workers compensation issues.

**(ACOD) Cutting and Non-Suicidal Self-Injurious Behavior in Adolescence
and Young Adulthood**

BALLROOM A

**Presenter: Dale Wisely, Ph.D., Director, Student Services & Community Education,
Mountain Brook Schools**

The rise of cutting among young people in the last 15 years has spread from the most severely psychiatrically ill patients to young people who are higher functioning. This workshop will define the behavior of cutting and non-suicidal self-injurious behavior. The presenter will make critical comparisons and distinctions with suicidal behavior and discuss common methods of working with and advocating for these individuals.

(CH) The JBS - Jefferson County Public Health Initiative: Pediatric Project

ROOM B

Presenters: Tim Dollard, MS, LPC, JBS MHA; Shuntee Wright, M.Ed., JBS MHA; Ginny Paynter, MPH, MSW, JBS MHA; Don Paoletti, M.D., JBS MHA

The number of children that present with psychiatric issues at the Jefferson County Department of Public Health has escalated greatly in the past few years. This has led to the formation of a partnership between JBS Children's Services and JC Public Health to serve consumers that lack the resources or connections to obtain traditional mental health services. The purpose of this presentation is to review the basic model for identifying and accessing these children and their families to the system of care and how the JBS-Public Health Partnership coordinates follow-up services. Data from the first year of operation will be presented by a panel of professionals currently involved in this endeavor.

**(AU) Early Identification, Interventions, and Prognosis:
A Personal Journey with Autism**

ROOM L

Presenter: Avrim Fishkind, M.D., President & CMO, JSA Health, Houston, TX

With the recent release by the Center of Disease Control (CDC) that 1 in 150 children in the U.S. today will be diagnosed with Autism Spectrum Disorder (ASD), the attention to early assessment, diagnosis and treatment has shown that the long-term debilitating affects of ASD can be reduced. This presentation will highlight early warning signs of ASD and the need for very early detection and comprehensive assessment. The participant will learn the components of a comprehensive assessment for the many medical aspects of ASD and the potential positive outcomes of effective interventions.

(GR) Dementias Other than Alzheimer's Disease

ROOM O

Presenter: Richard Powers, M.D., Director, Bureau of Geriatric Psychiatry, AL DMH

This program will help participants understand the key differences between dementia caused by Alzheimer's disease and dementias caused by Cortical Lewy Body Disease, vascular disease, alcohol abuse and frontotemporal dementias such as Pick's disease.

**(INT) Improving the Health and Life Expectancy of Individuals
with Mental Health**

ROOM N

Presenter: Raymond D. Fowler, Ph.D., Past President/CEO, American Psychological Association

This presentation will outline the risks posed by inactivity and the benefits of physical activity as a means of improving the physical health of mentally ill individuals.

(SA) Taking the Mystery Out of Substance Abuse Certification

ROOM C

Presenters: Kathy Seifried, MS, AL DMH; Charles Mitchell, MS, AL DMH; Debbie Popwell BS, AL DMH

This workshop will attempt to take the mystery out of the certification process for existing providers. It will revisit and clarify areas outlined in the Alabama Administrative Code regarding certification. This workshop will also help providers understand the findings consistently reported through Substance Abuse Services Division site visits and provide guidance on ways providers can better meet or exceed those standards. This presentation will outline the creative ways that the SASD Office of Certification and Training has developed to help providers meet the standards.

Box Lunch 11:45 a.m. ~ 12:45 p.m. (Exhibit Hall Open)

Lunch & Learn ~ Pick-up a box lunch in the foyer area & have lunch with your colleagues.

Clinical Director's Meeting

ROOM N

(INT) Integrated Care: Mental Health and Medical Care Working Together**ROOM N****Presenter: Martha Teater, MA, LMFT Mountaintop Healthcare**

No longer can mind and body be treated separately. Mental health and medical issues impact each other in critical ways. It's time for behavioral health and medical professionals to work together to provide optimal care for clients. This session will give practical tools to help effectively integrate care.

(ADM) A *Wyatt v Stickney* Symposium: [Part One]**Why *Wyatt*? How did it get us here?****BALLROOM B****Presenters: Robert Bernstein, Ph.D., Executive Director, Bazelon Center for Mental Health Law; Raymond Fowler, Ph.D., Past CEO/President of the American Psychological Association; Kathy Sawyer, ACSW, Former Commissioner of AL DMH; Jon Brock, MPA, JBS Peer Specialist.**

Panel participants will discuss how the *Wyatt* case shifted state and national public mental health services from institutions to communities. Open audience discussion is strongly encouraged.

(CH/INT) Connecting the Dots Collaboration with the Medical Community and Beyond**ROOM A****Presenters: Jason Tanner, LCSW, Baldwin Co. MHC; Anne Chipman, MS, Baldwin Co. MHC; Mark Randelson, MS, Baldwin Co. MHC; Greg Cummings, M.D., Baldwin Co. MHC**

The panel will review what was gained by participating in a local pediatric roundtable. They will explore how this effort has moved their center beyond the traditional individual case consultation model with the medical community to a more systemic effort with multiple advantages to the consumers and their CMHC.

(AU) Autism Spectrum Disorders**ROOM L****Presenter: Jennifer Sheehy-Knight, Ph.D, LCP, Glenwood, Inc.**

This program will help professionals understand the nature of Autism and Autism Spectrum Disorders, including identifying the three (3) main diagnostic categories of this disorder, reviewing clinical, personal, and special education definitions, as well as providing concrete strategies and interventions that will help professionals plan, develop and implement educational programs.

(GR) Distinguishing Normal Aging from Dementia**ROOM O****Presenter: Richard Powers, M.D. Director, Bureau of Geriatric Psychiatry, AL DMH**

It is estimated that over 5 million Americans suffer from Alzheimer's disease. Many victims are not diagnosed by their primary care physicians until complications occur. This program focuses on normal versus abnormal memory loss and strategies for changing national health policy to include memory-screening tests in routine physical examinations.

(SA) The Use of Technology in Counseling**ROOM C****Presenter: Maranda Brown, MS, AL DMH**

This workshop will explore the applicability of technology to counseling, with an emphasis on the use of telecounseling and internet counseling.

(ACOD) Transformative Approaches with High-Risk Girls and Families ROOM B

Presenters: Eve Laxer, LCSW, PIP, Creative Wellness; Cheryl Sankey, M.Ed, LPC, NCC, Creative Wellness; Angie Kelly, Creative Wellness

This panel, including a graduate from the StrongGirls program, will explore the uniquely personal, transformative, and communicative aspects of expressive art therapies that empower at-risk girls/families involved in the juvenile justice system. The efficacy of these evidenced-based methods will be presented through discussion and direct experience.

(CL) Illness Management and Recovery: Training Update BALLROOM A

Presenters: Patricia Scheifler, MSW, PIP, Partnership for Recovery; Robert Savage, Ph.D., AIMHS Center; Jacinda Hammel, Ph.D., AIMHS Center; Allison Mosher, B.S., AIMHS Center

This presentation will be an update to illness management and recovery implementation. This presentation will be the annual training for current practitioners along with a brief update on EBP implementation.

Workshop Session III

2:15 P.M. ~ 3:30 p.m.

(ADM) A Wyatt v Stickney Symposium: [Part Two]

What does Wyatt teach us now? Where do we go from here? BALLROOM B

Presenters: Robert Bernstein, Ph.D., Executive Director, Bazelon Center for Mental Health Law; Susan Chambers, MPA, Associate Commissioner, AL DMH; Jim Dill, Ed.D., Executive Director, AL Council of Community Mental Health Boards; James Tucker, J.D., Associate Director, ADAP.

Panel participants will discuss and debate the future of Alabama's public mental health services. Open audience discussion is strongly encouraged.

(CL) Ethical Issues: Using the Case Method to Explore Ethics ROOM C

Presenters: Maranda Brown, MS, AL DMH; Felecia Pressley, MS

This workshop will take an experiential approach to look at ethical issues that may be encountered in the field of counseling.

(ACOD) "What's Up – Neurobiology of Learning & Adolescent Substance Abuse" BALLROOM A

Presenter: Merrill Norton, Pharm.D.,D.Ph.,NCACII,CCS; University of Georgia College of Pharmacy

This presentation is for professionals who work with adolescents challenged with a psychoactive chemical abuse or dependence issue. The presentation will teach the body of knowledge from recent research relevant to the neurobiology of adolescent learning factors and the impact of psychoactive chemicals (licit and illicit) on the brain will be the primary focus of this presentation. An overview of the "hijacking of the HPA axis" will also be included in this discussion.

(ADM) PASS and Work Incentives for Self Sufficiency ROOM VIP

Presenter: Patricia Dowdell, B.S., Social Security Administration

The presenter will explain Social Security and Supplemental Security Income Work Incentives. How work affects benefits will be discussed. The participant will learn what PASS is and learn how it can help.

(CH) Transforming Services for Children & Adolescents with Serious Emotional Disturbances **ROOM N**

**Presenters: Steven Lafreniere, M.S., AL DMH
Kim Hammack, MS, AL DMH**

More and more states and communities must demonstrate to their funding sources and stakeholders the effectiveness of interventions that produce positive outcomes for children. This panel presentation will review the MI service system data for children and discuss the issues involved with the implementation of evidence-based practices and a data-driven system of care.

(AU) The Future of Autism Applied Research and Interventions **ROOM L**

**Presenters: Eddie Finn, M.D., Medical Director, Glenwood, Inc;
Tammy White, M.D., UAB Sparks Center**

Participants in this workshop will learn about up and coming research projects that may hold promise for improved identification and treatment. Various therapies that are considered evidence-based will be discussed. Projects in the state that exist and the models proposed for the future in applied research areas will also be discussed. Recent research at the national and international levels on the early identification, assessment, and treatment of persons with Autism Spectrum Disorders (ASD) has created some very positive findings on the long term functioning of the individual.

(GR) Strengthening Advocacy through Community Partnership **ROOM A**

**Presenters: Ashley Jones, MA, ALC, MHC of Madison County;
Nancy Robertson, TARCOG Area Agency on Aging;
Mary Ball, LGSW, Dept of Human Resources, Madison County**

This workshop will teach how to break down a community issue into identifiable segments. Participants will gain knowledge on fostering working relationships between community agencies. The workshop presenters will also discuss steps for replication in forming a coalition of community agencies.

(GR) Sexuality in Dementia Patients **ROOM O**

Presenter: Ranae Makris, MS, Alzheimer's Day Clinic of Madison

Dementia is an individualized disease with a host of varied symptoms. One universal need is for human companionship. This program is designed not to place strict boundaries, but to educate on the needs of those with dementia in hopes of bringing a better understanding and thus offering alternatives which are designed to maintain the dignity of the cognitively impaired.

**(INT) The Alabama Coalition for a Healthier Blackbelt:
Outcomes-Based Evaluation and Program Implementation** **ROOM B**

**Presenters: Robert Savage, Ph.D., UAB; Jacqueline Dillon, Ph.D., UAB;
Greg Carlson, MBA, President, NAMI; Patricia Moore, MS, West AL MHC**

The Alabama Coalition for a Healthier Blackbelt (ACHBB) is working toward integration of primary care and mental health care, and implementation and evaluation of telepsychiatry in the blackbelt. Additionally, ACHBB implemented an anti-stigma campaign to reduce stigma about mental illness and increase healthy well-being through mobile medical units. This panel will share the problems and solutions of implementing the program in this area.

(ADM/HR) Bryce: From Start to Stickney**BALLROOM B****Presenter: Harvey Stephen Davis, BA, AL DMH**

The presenter will share the history of the delivery of services to persons with mental illness from its inception until the famous *Wyatt* case. The presenter will share how Alabama went from the shining example of the best care to the epitome of what was wrong with its delivery system. The audience will learn the basis of a rich history, what went wrong, and how we can preserve this history and not repeat mistakes.

(ADM) Employee Benefits**ROOM A****Presenter: Michael L. Thompson, J.D., Lehr Middlebrooks & Vreeland, P.C.**

This program is targeted to executives, Human Resources professionals, managers, and supervisory staff and is designed to provide information and guidance regarding employee benefits and an update regarding recent changes to the law and regulations impacting both welfare and pension benefit programs. The session will conclude with an approximately 15 minute “open-floor” Q & A session.

(AU) Functional Behavior Assessment**ROOM L****Presenter: Stephanie Bethke-Stoll, Ph.D., Glenwood, Inc.**

This program will help professionals in educational, mental health, and residential environments better understand the role of behavior, as well as the importance of implementing a functional behavior assessment to treat problem behavior. The program will also focus on using assessment data in developing a behavior intervention plan. Problem behaviors are often a barrier impeding success for children and adolescents in home, school, and community settings. It is our role as providers to implement effective support and intervention in order to improve their quality of life and maximize their potential. A Functional Behavioral Assessment (FBA) provides the tools for redesigning the environment to alter variables that are maintaining the problem behavior.

(CH) The Unseen Hurt:***(A Look at Domestic Violence through the Eyes of a Child)*****ROOM N****Presenter: Brent Cosby, MS, Laurel Oaks Behavioral Health Center**

This presentation will take an in-depth look at domestic violence as seen through the emotional and behavioral perspective of a child. It’s a “must see” program to understand the inner workings of a young mind that has been exposed to violent behavior. The presenter will identify factors of children exposed to domestic violence in the home, how children and adolescents process such acts, and how they can overcome difficulties associated with exposure to violence.

(GR) “Assessing the Geriatric Psychiatric Patient”**ROOM O****Presenter: Alan Piha, M.D., MHC of Madison County**

The participant will receive a general understanding of the elements in an outpatient assessment and will be able to apply these elements to the geriatric psychiatry patient. The presenter will share how the outpatient geriatric psychiatry assessment is different than for outpatient adult psychiatric patients. The participant will have an understanding of potential psychosocial complexities and medical co-morbidities in an outpatient geriatric psychiatry assessment.

(SA) The Substance Abuse Recovery Message**ROOM C****Presenter: Beverly Johnson, MPA, AL DMH**

This workshop will explore the recovery messaging approach for substance abuse advocates.

(ACOD) Adolescent Psychotherapeutic Medications 2009

BALLROOM A

Presenter: Merrill Norton, Pharm, D., D.Ph., NCACII, CCS, University of Georgia College of Pharmacy

The primary purpose of this workshop is to bring to the participants the latest pharmaceutical applications to the diagnostics of the SDM IV-TR. Many patients take medications to function at their highest level of success. This workshop will highlight the body of knowledge of adolescent psychotropic medications including the latest anti-psychotics, anti-anxiety, mood stabilizers, psycho-stimulants, and herbal psychotropics.

(CL) Innovative Approaches in working with Domestic Violence Victims with Mental Health and Substance Abuse

ROOM B

Presenter: Melissa J. McNeil, MS, MSW, AL Coalition Against Domestic Violence

The Alabama Coalition Against Domestic Violence (ACADV) and two of its member programs are piloting systemic and using cross-cutting interventions of victims of domestic violence with mental illness and substance abuse. The participants of this workshop will have access to information concerning domestic violence.

Reception/Entertainment

Wednesday, May 13th ~ 5:00 p.m. - 6:30 p.m.

Exhibit Hall, East Meeting Rooms

Join us for Door Prizes, Lite Hors d'oeuvres, & Karaoke

Coming Soon the 36th Annual Conference

MARK YOUR CALENDARS

For The

2010 ANNUAL CONFERENCE

MAY 12-13, 2010

Visit the Alabama Council Web Site for more details

www.alcouncil.com

Thursday, May 14, 2009

Workshop Session V

8:30 a.m. ~ 9:45 a.m.

(AU) Applied Behavioral Analysis: An Evidence Based Practice

ROOM L

Presenter: Stephanie Bethke-Stoll, Ph.D., Glenwood, Inc.

The presenter will provide the participant with a general knowledge and understanding of behavior and identify the basic functions of behavior. The presenter will conduct an effective Applied Behavior Analysis as well as develop a behavior intervention plan utilizing ABA data.

**(CH) Atypical Antipsychotic Use in Children Under Five Years Old:
Alabama Medicaid Data**

ROOM N

Presenter: Robert Moon, M.D., Medicaid PAM Project

The presenter will review the indications for use of atypical antipsychotic medications. The presenter will share the usage patterns in Alabama and examine who are the prescribers.

(GR) There is a Silver Tsunami on the Horizon: Are you ready?

ROOM O

Presenter: Shelia Golden, MSW, Mtn. Lakes Behavioral Healthcare

This workshop will provide information concerning the ever-growing senior population, share the statistics relating to the future of the elder population, and share the resources that are currently available and those that are needed. The presenter will provide help for caregivers and families to reduce stress and caregiver burnout.

(ACOD) Assertive Continuing Care –In-Home/Case Management [Part One]

BALLROOM A

Presenter: Mark D. Godley, Ph.D., Research Director, Chestnut Health Systems, IL

Research shows that the majority of adolescents who enter treatment do not receive continuing care. This presentation will describe how an assertive approach to case management can reach nearly all adolescents in continuing care while facilitating needed adjustment and supportive services for both adolescents and parents.

(ACOD) Motivational Interviewing: Bailouts That Work! [Part One]

ROOM A

Presenter: Dave Duresky, M.A., MET-U Consultants

Participants will increase knowledge of the change process and what data tell us works. The presenter will identify the Motivational Interviewing consistent and inconsistent items. The participant will observe MI in practice through a live practice session.

(SA) COD Treatment in South Alabama: You mean it worked?

ROOM C

Presenter: Barbara A. Jackson, Ed.D, LPC, CCDPD, AL DMH

The presenter will share the history of the COD Treatment in South Alabama and those changes put in place that resulted in the changes seen in the clients/patients admitted to the programs and exposed to co-occurring substance use and mental health treatment. The participants will have the opportunity to evaluate the programs' success based on the data provided. The presenter will share the possible upcoming co-occurring initiatives in Alabama.

(CL) Community Special Incident Training

ROOM B

Presenter: Angie Astin, RN, AL DMH

This workshop will provide special incident reporting procedures. The presenter will share Reporting Procedure Forms and Community PI Indicators.

(CL) “ADAP’s Knocking at My Door. Do I Have to Let Them In?”

BALLROOM B

Presenter: Nancy Anderson, J.D., ADAP

The participants will learn about the origins of the federally-mandated protections and advocacy system, of which ADAP is a member. The presenter will share the access authority granted to ADAP to monitor and investigate at programs serving persons with disabilities. The presenter will share how the participant and ADAP can work together to protect persons with disabilities from abuse and neglect.

(CL) Communicating Across the Continuum of Care: The “Hand-off of Communication” between state hospitals and community providers when a client is discharged to the community.

ROOM VIP

Presenter: Danielle Rowe, RN, DPA, AL DMH

The presenter will define an effective “hand-off of communication” and describe key clinical information that should be transmitted in a “hand-off of communication” upon discharge from a state facility. The presenter will identify key findings indicating the success of the hand-off as well as the opportunities for improvement.

Workshop Session VI

10:00 a.m. ~ 11:15 a.m.

(ADM) Wage and Hour Issues

ROOM B

Presenter: Lyndel L. Erwin, BBA, Lehr Middlebrooks & Vreeland, P.C.

This program is targeted to executives, human resources professionals, managers, and supervisory staff and is designed to provide current information regarding wage and hour issues, including alternative means to comply with the Fair Labor Standards Act’s overtime requirements without unduly impacting budget considerations as well as FMLA compliance issues. Mr. Erwin’s session will conclude with a question and answer session.

(AU) Medical Interventions for Autism Spectrum Disorders

ROOM L

Presenter: Gavin Brunsvold, MD, Glenwood, Inc.

The use of mental health medications for children and adolescents has received significant attention in recent years that have some physicians concerned about prescribing the medications due to a variety of clinical, time, and legal reasons. This presentation will assist the participant in understanding the controversies associated with the use of medications for persons with ASD. Participants will gain knowledge of models of care that combine the use of medications with all other interventions to achieve “best practices” in the use of these medications.

(CH) Advocating for the Special Educational Needs of Children

ROOM C

Presenters: Nancy Anderson, J.D., ADAP; Tuwana McGee, M.A., ADAP

Be prepared to advocate for the special education needs of your clients so that they are successful in school! This training will introduce the basics of federal and state special education law and will provide participants with a roadmap for how to handle special educational concerns and conflicts.

(SA) Process Improvements to Improve Client Outcomes**ROOM VIP****Presenter: Tammy Peacock, Ph.D., LCSW, AL DMH**

Experience has shown that any one of these three actions can make the difference in a recovery-oriented system of care; 1) Providing rapid access to services, 2) Improving client engagement and 3) Creating a seamless transition between levels of care (NIATx, 2007). This workshop will provide tools to achieve these goals.

(ACOD) Assertive Continuing Care –In-Home/Case Management [Part Two]**BALLROOM A****Presenter: Mark D. Godley, Ph.D., Research Director, Chestnut Health Systems, IL**

The presenter will share the evidence for using Contingency Management with Case Management for Adolescents. Contingency Management (the use of motivational incentives to increase abstinence of alcohol and other drugs) has demonstrated effectiveness for adults with substance use disorders. This presentation will show its effectiveness with adolescents and teach participants how to implement motivational incentives within a case management approach.

(ACOD) Motivational Interviewing: Bailouts That Work! [Part Two]**ROOM A****Presenter: Dave Duresky, M.A., MET-U Consultants**

Motivational Interviewing (MI) is a directive, client-centered counseling style for eliciting behavior change by helping clients to explore and resolve ambivalence. The MI mode has demonstrated positive efficacy in over 70 clinical trials with a variety of populations. This three-part session will focus on the practical use of the model.

(GR) Dementia Daycare: Pleading the Cause**ROOM O****Presenters: Daniel Potts, MD, AL Neurology & Sleep Medicine, P.C.;
Vicki Kerr, Executive Director, Caring Days Adult Day Care**

In this presentation, the presenters seek to teach the benefits of dementia daycare centers in which a safe, structured program of cognitive stimulation and affirmation is provided, and to highlight the need for such care all across Alabama and the nation. The inspirational example of a presenter's father is used to bring to light the benefits of dementia daycare on a personal level. A plea for collaboration will be issued, and a pilot program to provide mobile daycare in West Alabama counties will be discussed.

(CL) Successes in Implementing Evidence-Based Supportive Housing BALLROOM B**Presenters: Molly Brooms, MA, AL DMH/MR; Henry K. Stough, LPC, H.K. Stough & Associates, LLC; Cynthia Bisbee, Ph.D., NAMI AL & AL DMH; Michelle Nault, MA, AIMHS Center**

This panel discussion will report successes in implementing evidence-based supportive housing. Included will be a brief review of the MI Supportive Housing Plan, elements of EBP Supportive Housing, and successes and lessons learned. Also covered will be alternative methods for accessing housing for consumers.

(CL) Big Mac: The Nurse Delegation Program Can Be a Mouthful but It's Digestible**ROOM N****Presenters: Anne Penney, Ed.D., East AL MHC; Sandra Moncrief, BSN, RN, East AL MHC; Selena Sanford, M.Ed., East AL MHC; Sharlene McDaniel, MS, East AL MHC**

The panel addresses implementation of the Nurse Delegation Program in a large comprehensive mental health center. The program will explore the nuts and bolts of how to provide training, monitoring, and how to comply with reporting requirements. Discussion includes the agency philosophy and practical implications of nurses' responsibilities and monitoring of staff.

Awards Luncheon

11:30 a.m. ~ 1:00 p.m.

Sheraton Civic Center Hotel ~ Grand Ballroom

Welcome Ms. Beverly Francis, Council President
Musical Invocation..... Ms. Layla Humphries, Violinist
Invocation Interpreter.....Ms. Sereta Campbell
Lunch
Mini Concert by Ms. Layla Humphries
Alabama Council Awards Presentations
Door Prizes

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(ADM) Guardianship, Conservatorship, Power of Attorney, and Trusts**BALLROOM A****Presenter: Lonnie J. Williams, J.D., Staff Attorney, ADAP**

This informational presentation will describe how guardianship, conservatorships, power of attorney, and trusts work.

(ADM) Employer Rights Update**BALLROOM B****Presenter: Whitney Brown, J.D., Lehr Middlebrooks & Vreeland, P.C.**

This program is targeted to executives, Human Resources professionals, managers, and supervisory staff and is designed to inform employers of their rights under federal and state laws with focus on what can be done rather than what cannot. This program will also address the ongoing resurgence of the organized labor movement and an overview of any pending legislative action. The session will conclude with a question and answer session.

(CH) Meeting the Emotional and Behavioral Needs of Students with Disabilities: The Role of the School under the Individuals with Disabilities Education Act**ROOM N****Presenters: Nancy Anderson, J.D., ADAP; Tuwana McGee, ADAP**

This presentation will introduce the responsibilities that schools have to address the emotional and behavioral needs of students with disabilities and the special issues that have to be dealt with when a student gets into disciplinary problems at school.

(GR) Hard of Hearing Issues with the Geriatric Population**ROOM O****Presenter: Wendy Loznsky, MSSW, Office of Deaf Services, AL DMH/MR**

This workshop will identify types of hearing loss and their terms, review myths of people with hearing loss and their issues. We will also discuss our task for geriatrics with hearing loss. This will be beneficial for clinicians working with the hearing loss population.

(ACOD) Motivational Interviewing: Bailouts That Work! [Part III]**ROOM A****Presenter: Dave Duresky, M.A., MET-U Consultants**

Motivational Interviewing (MI) is a directive, client-centered counseling style for eliciting behavior change by helping clients to explore and resolve ambivalence. The MI mode has demonstrated positive efficacy in over 70 clinical trials with a variety of populations. This three-part session will focus on the practical use of the model.

(CL) "The Informed Professional, Correcting Misconceptions, Developing Strategies and Appropriately Explaining Mental Health to the Consumer"?**ROOM VIP****Presenter: David Holmes, LPC, NCC, Mountain Lakes Behavioral Healthcare**

This presentation will address the common mistakes and misunderstandings encountered when mental health professionals attempt to answer the questions: "What do you do and how can your center help?"

(CL) NDP 101 for Agency Administrators**ROOM L****Presenter: Vanessa B. Prater, BSN, RN, AL DMH**

This program will provide an overview of the Nurse Delegation Program. It will provide information related to why Nurse Delegation was developed, what agencies are responsible for, when agencies are impacted by this regulation, and how to get questions answered or how to get further assistance.

(INT) The Wellness Factor: Helping Your Clients Thrive Mentally and Physically**ROOM C****Presenter: Walter G. Ballard, M.A., Mental Health Center of Madison County**

Clinicians will learn how important their role is in influencing the lives of their clients for the better. They will learn simple yet powerful approaches on selling wellness to their clients. Clinicians will learn practical, safe, yet life-changing health strategies to share with clients.

(INT) The Role of Health Insurance in Integrating Medical and Mental Health Services**ROOM B****Presenter: Jay Harrington, Ph.D., Project Director, Windsor Medicare Extra**

The participant will gain an understanding of how health insurance can be constructed to promote the integration of medical and mental health services. The presenter will review the origins of Medicare policies toward the coverage of beneficiaries with mental health issues. The participant will gain an understanding of Medicare Advantage Special Needs plans and how they can be structured to meet the needs of mentally ill Medicare beneficiaries.

Special Thanks to Door Prize Contributors

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